

## Parent's Page

Winter

February 2021

Brought to you by:

The Chowan/Perquimans  
Smart Start Partnership  
409 Old Hertford Rd.  
Edenton, NC 27932  
252-482-3035 phone  
www.cp-smartstart.org  
cpsmartstart@gmail.com

Our mission is to bring people and organizations together to maximize early childhood development and school readiness through advocacy, parent, and child care provider support programs.

**Staff:**

Susan Nixon

*Executive Director*

Dennet Thomason

*Finance & Human Resources Officer*

Sarah Williams

*Program Coordinator*

MeShawn Hall

*Early Childhood Learning Director*

Sherlton Broadnax

*Family Support & School Readiness Coach*



<https://www.facebook.com/cpspp>



Visit our page every Wednesday for weekly Learning Adventures!

**Parents and Caregivers:** Enroll your child to receive a free book in the mail each month through Dolly Parton's Imagination Library! Available from birth until their 5th Birthday. Visit our website at [cp-smartstart.org](http://cp-smartstart.org).



**Triple P** (Positive Parenting Program) - Parents and caregivers are invited to schedule a one-on-one appointment with a Triple P Consultant. This program offers practical tips and strategies to deal with behavior issues in young children, and to help you through stressful moments as a parent.

**Albemarle Pregnancy Resource Center & Clinic** offers free pregnancy testing, limited obstetric ultrasounds, STD testing, prenatal vitamins, and parent education classes for men and women who are expecting or parenting children through age four, at their medical clinic in Elizabeth City. Classes are also now available on-line. Contact Brittany to register for Earn While You Learn Classes and you will receive weekly links and worksheets. Once weekly sessions are completed, curbside pick up or delivery of free baby supplies will be arranged. For more information call 252-338-1655 or email [bjones.aprc@gmail.com](mailto:bjones.aprc@gmail.com).

**Childbirth Classes** are held every other month, call 855-698-4326, or visit [VidantHealth.com](http://VidantHealth.com). to register for classes: March 8, 15, 22; and May 3, 10, and 17.

**Shepard-Pruden Memorial Library and Perquimans County Library:** Both Libraries have limited in-person check-out hours, however, they do also offer Curbside Pick-up. Library Covid-19 Rules: All patrons must wear face-coverings in the building at all times. Patrons are limited to 30 minutes in the building per family to find and check out materials. There is a limit to the number of patrons in the building at a time, please be patient if asked to wait. Lending Library materials are not available for check-out at this time. On-line story-times are

For information on Early Head Start, serving children ages 1-3, call 252-802-6125.

For information. on Head Start, a free comprehensive preschool program for 3 & 4 year old children, call 252-482-4458.

For information about community resources call 211, or contact Sarah at The Chowan/Perquimans Smart Start Partnership at 252-482-3035 or [swilliams.cpssp@gmail.com](mailto:swilliams.cpssp@gmail.com)

For free activity ideas visit:  
[Sesamestreet.org](http://Sesamestreet.org)  
[pnc.com/grow-up-great](http://pnc.com/grow-up-great)  
[handsonaswegrow.com](http://handsonaswegrow.com)  
[ReadAloud.org](http://ReadAloud.org)

## Week of the Young Child

Children's Festival & Safe Kids Day

Save the DATE: April 24

See our Facebook Page for Updated Event Information

# Smart Start Connections for Kids

## Kids Activities

### Preschool Skills Checklist

- \_\_ States his or her name, age, and birthday.
- \_\_ Identifies some colors and shapes.
- \_\_ Can Count from 1 to 10.
- \_\_ Understands the concept of "same" and "different"
- \_\_ Recites the alphabet and recognizes some letters
- \_\_ Expresses thoughts and needs verbally, with a growing vocabulary.
- \_\_ Engages in pretend play.
- \_\_ Follows simple instructions.
- \_\_ Tells stories and sits while listening to a story.
- \_\_ Dresses himself or herself.
- \_\_ Uses child size scissors.
- \_\_ Kicks and throws a ball.
- \_\_ Puts away toys on his or her own.
- \_\_ Is comfortable in group settings.
- \_\_ Recognizes their own and others' emotions.
- \_\_ Strings large beads.
- \_\_ Draws with crayon or pencil.

\*lakeshorelearning.com (Resources)

Celebrate Dr. Seuss's Birthday the whole month of March! Read a Dr. Seuss book or visit [Seussville.com](http://Seussville.com) for free fun learning activities like this one!

**THE CAT IN THE HAT**

**Seussville.com**

I can add in red.

$$\begin{array}{r} 0 + 0 = \square \\ 2 + 1 = \square \\ 2 + 0 = \square \end{array}$$

I can add in blue.

$$\begin{array}{r} 1 + 1 = \square \\ 1 + 2 = \square \\ 1 + 3 = \square \end{array}$$

I can add in pickle color too.

$$\begin{array}{r} 1 \\ + 1 \\ \hline \square \end{array} \quad \begin{array}{r} 2 \\ + 1 \\ \hline \square \end{array} \quad \begin{array}{r} 1 \\ + 2 \\ \hline \square \end{array} \quad \begin{array}{r} 3 \\ + 1 \\ \hline \square \end{array}$$

RANDOM HOUSE CHILDREN'S BOOKS

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**Perquimans Central School  
PreK and Kindergarten  
Registration is Happening Now!**

**Pick up your Kindergarten Enrollment Packet or PreK Application as soon as possible at Perquimans Central School, Central Office, or online at [www.pqschools.org](http://www.pqschools.org).**

**Screenings will be held in March. Call today to schedule an appointment!**

(252)426-5741 or  
(252)426-5332

Kindergarten students must be 5 by August 31, 2021.  
PreK Students must be 4 by August 31, 2021.

**White Oak Elementary School  
Call 252-221-4078  
By Appointment Only**

**Kindergarten Registration  
March 4 from 12 noon - 6 pm  
March 5 from 8 am - 4 pm**

**Pre-K Registration  
March 18 -19**